



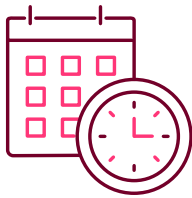
Health Insurance Open Enrollment Checklist

2026 Health Insurance Open Enrollment is from Nov. 1, 2025 - Jan. 15, 2026.

Use this checklist to get ready!

1

This is the easiest step: Set an appointment with an Ark agent



During Open Enrollment tens of thousands Utahns will be enrolling in health insurance. Therefore, it's important to get an appointment on an Ark agent's calendar right away.

To make an appointment, call us at [801-901-7800](tel:801-901-7800) or [click here to schedule an appointment now.](#)

Steps 2 through 10 are more challenging, but equally important. Try to gather as much info as possible. If you get stuck or have questions, call us!

2

Collect information on your current plan (if you currently have coverage)

- Name of the Carrier (E.g., SelectHealth, U of U Health Plans, Cross/Blue Shield)
- Monthly premium/cost you pay
- Plan summary (This is a document that describes what your plan covers)



3



Collect social security numbers and dates of birth for each person needing coverage

4

Determine which persons will be claimed on the taxes for 2026



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If you are eligible for a health insurance plan through work, find out the rate for single coverage and the cost for each additional family member

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Collect a list of your preferred physicians

- Remember mental health providers

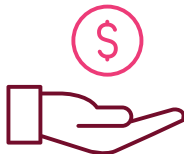
**6**☐**7**

Collect a list of your current medications and their costs

- This can be obtained through your pharmacy
- Be sure to ask them to give you the list price and the amount you paid

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Collect immigration/naturalization documents or tribal documentation, if relevant

**8**☐**9**

Calculate your modified adjusted gross income for 2026

- Be sure to include EVERYONE that has income in the household
- Do NOT count Supplemental Security Income (SSI)
- Only include alimony if the divorce/separation was finalized before January 1, 2024
- Do not include child support

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Collect any information about the following deductions:

- Student loan interest paid
- Alimony paid if your divorce or separation was finalized before January 1, 2024
- Contributions to an IRA
- Educator expenses
- Health Savings Account (HSA) deposits

**10**



About Ark Insurance

In 2010, Rebecca Yates launched Ark Insurance Solutions, LLC based on her desire to focus not solely on the dollar, but to put individuals and clients first. It is this founding principle that has helped make Ark Insurance Solutions LLC the most trusted resource for affordable health insurance in the greater Salt Lake City, Utah area.

As an independent broker, Ark works with a number of the nation's top health and life insurance companies to find the best policies to protect your family and finances in times of trouble. As the company has grown, we've built a dedicated team of experts in each niche in the health insurance industry. We can help you compare health plans to make the best decision based on your unique circumstances and budget.

At Ark, we love our community and believe in fully immersing ourselves in the causes, people, and places that we care deeply about. We invest time in our team, fellow business owners, and our clients to create lasting relationships and a true sense of community.

We can help you navigate the complex world of health insurance. Give us a call or request a health insurance quote now.

www.Ark-Ins.com

801-901-7800